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### STATE OF ALABAMA

# DEPARTMENT OF MENTAL HEALTH

### **RSA UNION BUILDING**

100 NORTH UNION STREET POST OFFICE BOX 301410 MONTGOMERY, ALABAMA 36130-1410 WWW.MH.ALABAMA.GOV



### EMPLOYMENT OPPORTUNITY – RE-ANNOUNCEMENT

JOB TITLE: Infant and Early Childhood NUMBER: 19-42

Mental Health Consultant

**JOB CODE:** A6100 **DATE:** March 6, 2020

**SALARY RANGE:** 74 (\$41,277.60 - \$62,529.60) **PCQ#:** 8846240

**JOB LOCATION:** Department of Mental Health

Infant and Early Childhood Special Programs - Region I

Decatur/Huntsville, Alabama

# **MINIMUM QUALIFICATIONS:**

• Master's degree in Psychology, Social Work, Counseling, or related field

• 24 months or more experience in a mental health setting providing prevention services or mental health therapy to children and their families OR as a mental health clinician specializing in psychotherapeutic work with young children and their families.

# **NECESSARY SPECIAL REQUIREMENTS:**

- Licensed mental health professional in the state of Alabama (LICSW, LPC, ALC, LMFT).
- Must have a valid driver's license to operate a vehicle in the State of Alabama.

## KIND OF WORK:

- Provides prevention based mental health support to adults that care for or treat young children ages birth to 5 in early intervention, preschool, OB clinics and/or pediatric clinics, or other early childhood settings.
- Provides consultation to early care providers, pre-k staff, early intervention staff, pediatric medical/clinical staff and/or substance abuse treatment staff to address specific individual behavioral or mental health concerns and/or for more holistic mental health education.
- Observes children in their natural environments or settings, such as early care classrooms or other settings, to assess developmental functioning, relationships with caregivers and other children, and "goodness of fit" within the child-caregiver relationships.
- Provides professional development to staff on topics such as trauma informed care, brain development, adverse childhood experiences, epigenetics, developmentally appropriate best practice for prenatal to 5 years old, and mental health issues in pregnancy and postpartum.
- Participates in prenatal substance abuse treatment through consultation with OB and substance abuse treatment staff.
- Facilitates groups with pregnant women and families who are at risk for depression and substance use.
- Provides psychoeducation and support to families and caregivers.
- Supports and assists families in accessing mental health resources within their communities and with the referral process.
- Participates in team meetings, in-services, and reflective supervision.

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• Participates in the Infant or Early Childhood Mental Health Endorsement (IMH-E or ECMHE) process through First 5 Alabama (within the first two years of employment).

# REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:

- Knowledge of the developmental needs of children birth to 5 years old.
- Knowledge of the Diagnostic Classifications of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC 0-5).
- Knowledge of the DSM 5.
- Knowledge of early development, infant and preschool mental health theory and infant and preschool mental health interventions.
- Knowledge of group dynamics and intervention with adults.
- Knowledge and understanding of trauma-informed care principles and practices.
- Knowledge of treating and understanding substance use disorders and maternal depression.
- Skilled in working with children birth to 5 years old, their families, and other caregivers such as teachers and early intervention professionals.
- Skilled in the understanding of family systems, infant and early childhood mental health, child development.
- Ability to assess young children's social and emotional functioning.
- Ability to create strong relationships with adults and children with an understanding of, and respect for, culture and diversity.
- Ability to work independently.
- Ability to travel within assigned region weekly and out-of-state as required for specialized training.

**METHOD OF SELECTION:** Applicants will be rated based on an evaluation of their education, training, and experience and should provide adequate work history identifying experiences related to duties and minimum qualifications as mentioned above. All relevant information is subject to verification. Drug screenings and security clearance will be conducted on prospective applicants being given serious consideration for employment and whose job requires direct contact with clients.

HOW TO APPLY: Use an official application for Professional Employment (Exempt Classification) which may be obtained from this office, other Department of Mental Health Facility Personnel Offices, or visit our website at <a href="www.mh.alabama.gov">www.mh.alabama.gov</a>. Only work experience detailed on the application will be considered. Additional sheets, if needed, should be in the same format as the application. Resumes will not be accepted in lieu of an official application. Applications should be returned to Human Resource Management, Department of Mental Health, P.O. Box 301410, Montgomery, Alabama 36130-1410 or RSA Union Building, 100 North Union Street, Montgomery, Alabama 36104. Copies of License/ Certifications should be forwarded with your application. A copy of the academic transcript is required. Appointment of successful candidate will be conditional based on receipt of the official transcript provided by the school, college, or university.

**DEADLINE:** <u>Until Filled</u>

**EQUAL OPPORTUNITY EMPLOYER** 

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